



BASIN HARBOR CLUB
On Lake Champlain, Vermont

This Week at Basin Harbor

July 24th to July 30th 2010

Week 30

Time	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
8:00	Power Walk	Nordic Walk	Birding Basin Harbor	Nature Walk	Trees of Basin Harbor	Nature Walk	Healthy Back & Stretch	
				Nordic Walk	Nordic Walk	Nordic Walk		
9:00		Dog Walk with Piccolo & Ava	Adult Tennis Clinic on Clay		Adult Tennis Clinic on Clay			
		Adult Tennis Clinic on Clay						
9:30			Adirondack Hike					
9:45		Healthy Back and Stretch	Pilates	Vinyasa Yoga	Total Conditioning	Gentle Yoga	Yoga with Prem	
10:00		Full Swing	The History of BHC	Flower Arranging Demo	Flower Class	Hydro Circuit	Chipping and Pitching	
		Hayride	Putting	Hydro Circuit	Dead Creek Paddle	Junior Golf Clinic	Parent Tot Swim	
	Tennis Clinic							
			Fly Casting Clinic					
10:30				Kayak Trek	Culinary Tour	Kayak Trek		
11:00	Adult Round Robin		ATP Player of the Week					
		Fitness Interval Training	Core Training		Pilates	Core Training	Meditation	
		Sunday Jazz Brunch			Tai Chi		Total Conditioning	
12:30	Ranger Room Buffet		Ranger Room Buffet 12:30-2:30					
1:00					Nature Detectives			
1:30	Junior Tennis Clinic							
	Chipping and Pitching	Full Swing	Full Swing	Full Swing	Chipping and Pitching		Putting	
				Lake Monsters				
	2:00			Fishing Tournament	Sports Conditioning	Zumba	Ribbon Sachets	Charm Bracelets and Earrings
					Vintage Felt Pins	Charm Rings		
	2:30	Junior Tennis Clinic						
		Beach Party			Adirondack Hike	Guest/Employee Soccer Match	Junior Round Robin	
					Junior Round Robin			
Daily EEscape Cruise		ROV Tour	Daily EEscape Cruise 2:30-3:45					
3:00	Author Series:Leda Shubert & Bonnie Christensen			Pinwheels		Garden Tour	Talent Night Practice	
3:30			Diving Clinic	Diving Clinic				
4:30						Pirate Party		
6:00		Hospitality		Harbor Fair		Shore Dinner		
		Healthy Dining						
		VT Farmer's Dinner						
7:30					No Strings Marionette Company: The Treasure Hunt			
8:30			Story Tellers					
9:00	Movie Night: Twilight PG-13	Bingo		Movie Night: The Dark Knight PG-13	Movie Night: New Moon PG-13	Bingo	Talent Night	

Pirate Party reservations must be made in advance. Please call ext. 830 to make reservations.

****Sign Up Required. Some classes or workshops may be cancelled 30 minutes prior if there are no sign ups****

Children 12 and under must be accompanied by an adult to all craft classes.